ASPIRE INSTITUTE OF HEALTH & PROFESSIONAL STUDIES · TANDO ADAM

COMMUNITY MIDWIFE (CMW)

Curriculum and scheme of studies

DURATION 2 Years, annual exams	EXAMS Annual exams	AWARDED / EXAMINED BY SNEB Karachi · recognised by PNMC
GENDER Female	AGE 14–40 years	CLINICAL TRAINING Yes, hospital and community
ATTENDANCE 75% required	ASSESSMENT Theory + viva	

SCHEME OF STUDIES

Classroom teaching with supervised clinical training in hospital maternity units and the community in both years. Annual exams by the Sindh Nursing Examination Board.

First year: foundations of midwifery

Obstetrics / Obstetrical Nursing I
Pregnancy, antenatal care, normal labour and delivery, postpartum care and common obstetric conditions.

Clinical Practice I
Hospital maternity care: antenatal, labour and delivery, postnatal and newborn areas.

Second year: advanced midwifery and continuity of care

Obstetrics / Obstetrical Nursing II
Complicated pregnancy and labour, obstetric emergencies, postpartum complications and timely referral.

Clinical Practice II
Advanced hospital and community midwifery care under supervision, newborn care and health education.

ELIGIBILITY

- Matric (Arts or Science) with at least 40% marks
- Age 14 to 40 years · female candidates only

CAREER SCOPE

Hospitals & primary care

- Public and private hospitals and maternity units
- BHUs and Rural Health Centres
- Mother and newborn care facilities

Maternal & family health

- Community mother-child health programmes
- Reproductive and family health services
- Private midwifery practice, where the rules allow

Community & development

- NGOs and development programmes
- Maternal and child health outreach
- Health education and awareness programmes

WHO TEACHES YOU

Programme Coordinator | Lecturer / Instructor – Midwifery | Obstetrics & Obstetrical Nursing | Clinical Instructor – Midwifery | Maternal & Newborn Health | Community Health | Clinical Supervisor