ASPIRE INSTITUTE OF HEALTH & PROFESSIONAL STUDIES · TANDO ADAM

BSN POST RN

Curriculum and scheme of studies

DURATION 2 years · 4 semesters	SEMESTERS 4 semesters	EXAMS Semester system
AWARDED / EXAMINED BY LUMHS Jamshoro · recognised by PNMC	GENDER Male & female	AGE No limit stated
CLINICAL TRAINING Yes	ATTENDANCE 75% required	ASSESSMENT MCQs paper + viva

WHAT YOU WILL STUDY

- Advanced nursing concepts and clinical practice
- Health assessment
- Community health nursing
- Biochemistry, pharmacology and other health sciences
- Epidemiology and population health
- Nursing research and evidence-based practice
- Nursing leadership and management
- Professional, ethical and legal aspects of nursing
- Teaching, health education and clinical preceptorship
- Computer skills and information technology
- English and communication skills
- Clinical practicum

SCHEME OF STUDIES

Scheme of studies by semester. Credit hours are shown as total (theory + practical).

Year 1 · Semester I

16 CREDIT HOURS

COURSE	CREDIT HOURS
Biochemistry SC 611	2 (1.5 + 0.5)
Advanced Concepts in Nursing NU 612	4 (2 + 2)
Health Assessment NU 613	3 (1.5 + 1.5)
Pharmacology SC 614	3
English I (Functional)	2
Computer Skills & Information Technology CS 616	2

Year 1 · Semester II

17 CREDIT HOURS

COURSE	CREDIT HOURS
Advanced Concepts in Nursing II (Mental Health) NU 621	2 (1.5 + 0.5)
Introduction to Biostatistics SC 622	4 (2 + 2)
Epidemiology SC 623	3 (1.5 + 1.5)
Culture, Health & Society HU 624	3
Introduction to Nursing Models & Theories NU 625	2
English II (Academic) EN 626	2
Principles of Teaching and Clinical Preceptorship NU 627	1

Year 2 · Semester III

17 CREDIT HOURS

COURSE	CREDIT HOURS
Advanced Concepts III (Community Health Nursing) NU 631	4 (2 + 2)
Introduction to Nursing Research SC 632	3
Professional Development and Ethics NU 633	3
Pakistan Studies PS 634	2
Leadership and Management NU 634	3
English III (Professional Writing) EN 635	2

Year 2 · Semester IV

14 CREDIT HOURS

COURSE	CREDIT HOURS
Research / Evidence-Based Elective Project NU 641	4
Clinical Practicum NU 642	6
English IV (Scholarly Writing) EN 643	2
Islamic Studies / Ethics (Ethics for non-Muslims) IS 644	2

ELIGIBILITY

- Diploma in General Nursing
- One-year post-basic Diploma in Midwifery (or equivalent specialty)
- Valid PNMC registration

CAREER SCOPE

Hospital & clinical practice

- Public and private hospitals
- Teaching hospitals and medical centres
- Intensive and specialised care units

Education, management & research

- Nursing education and clinical training
- Nursing administration and management
- Research and evidence-based practice

Community & public health

- Primary and community health services
- Public health programmes
- NGOs and health development organisations

WHO TEACHES YOU

Professor / Head of Nursing · Associate Professor of Nursing · Assistant Professor of Nursing · Lecturer in Nursing · Clinical Nursing Instructor · Senior Clinical Instructor · Nursing Skills Lab Instructor · Anatomy & Physiology · Biochemistry · Pharmacology · Pathology · Microbiology · Biostatistics · English · Islamic Studies · Pakistan Studies · Computer Science